THE AMERICAN LEGION POST 175

8700 Bell Creek Road, Mechanicsville, VA 23116-3867
Phone: (804) 789-8667 Web: www.Post175.org E-Mail: info@post175.org

July and August 2025

VETERANS SERVING VETERANS

LEADERSHIP

Commander
Warren Rice
(804) 852-8108

1st Vice Commander (Membership)
Kelly L. Schips
(804) 519-9932

2nd Vice Commander (Hall Rentals)
William (Bill) Todd
(804) 402-6636
(Rental Line)

Adjutant
Robert (Bob) White
(804) 240-4220

Building & Grounds
Anthony Nelson
(804) 295-2673

Chaplain
Arthur (Art) Aumock
(631) 807-2979

Finance Officer
Lyn Spencer
(804) 334-9036

Historian
Doug Snell
(804) 441-4114

Judge Advocate
Jack Barbour
(804) 690-1863

Legion Riders
Jack Barbour
(804) 690-1863

Sergeant-at-Arms
Myrtle Starling
(540) 809-2861

Service Officer (VSO)
Andre Hunt
(804) 613-8405

Sons of The American Legion (SAL)
Jim Oliver
(804) 754-5860

News Highlights:

Post Everlasting: Edward (Ed) Baggett, Jr. - June 6th, 2025

From our Adjutant: "I would like to thank everyone for supporting me and reelecting me for Post 175 Adjutant for the 2025-2026 year."

Our Post now has an Automated External Defibrillator (AED). Thank you to all the donors who made this purchase possible. The AED has been mounted in an optimal space accessible to all. A training opportunity will be made available to those interested. Details to follow. Thank you. Robert "Bob" White, Adjutant, Post 175 Mechanicsville.

POST ELECTION RESULTS can be seen on the left side panel. Congratulations to our new and returning officers for Fiscal Year (FY) 2025-2026. Our officers were installed by Scott Maddrea at our 24 June dinner and membership meeting. Scott is the leading candidate for Department Commander and past Commander of the 11th District and current Commander for Post 244 in Glen Allen.

13th DISTRICT ELECTION RESULTS: Congratulations to our Post members elected to District positions:

Commander: Warren Rice
1st Vice and Membership Chair: Robert (Bob) White
2nd Vice: Kelly Schips
Chaplain: James (Jim) Edmunds
Sergeant-at-Arms: Myrtle Starling

If you have an e-mail account, are not receiving our electronic messages but would like to, send a message to: **Info@Post175.org** to be added to the distribution list.

COMMITTEES AND PROGRAMS

Veterans Service Officer (VSO): CONGRATULATIONS to Andre Hunt, whom completed his initial training and is now able to assist our members with their claims. His contact e-mail is: **ServiceOfficer@Post175.org**.

VIRGINIA IS FOR VETERANS

Americanism and Children and Youth (C&Y): Thank you, again, for supporting our programs.

As the new school year approaches (soon) please remember we will need volunteers to visit the elementary schools (Flag Education Program for first graders), read and score Middle School Essays, attend school programs (Veterans Day at Oak Knoll Middle School), participate as judges for our Oratorical Program, and so much more to help develop and guide our following generations. Thank you.

CALENDAR HIGHLIGHTS:

July 2025:

04 (Friday) - Independence Day Holiday
08 (Tuesday) - Executive Committee (ExCom) Meeting, 7:00 pm (Social Quarters)
09 (Wednesday) - Pot Luck Dinner, 6:00 pm (Social Quarters)
10-13 (Thursday-Sunday) - Department of Virginia Convention, Dulles Hilton, Herndon
22 (Tuesday) - Post Membership Meeting, 7:00 pm (Main Hall)
26 (Saturday) - Post Community Breakfast, 7:30 am to 10:00 am. Public welcome!
26 (Saturday) - ALR and S.A.L. Meetings (Following the breakfast)
27 (Sunday) - National Korean War Veterans Day

August 2025:

04 (Monday) - U.S. Coast Guard birthday
07 (Thursday) - Purple Heart Day
08 (Friday) - Fish Fry Fundraiser, 5:00 pm to 6:30 pm, Dine-in or Dine-out. Tickets required.
12 (Tuesday) - Executive Committee (ExCom) Meeting, 7:00 pm (Social Quarters)
13 (Wednesday) - Pot Luck Dinner, 6:00 pm (Social Quarters)
26 (Tuesday) - Post Membership Meeting, 7:00 pm (Main Hall)
21-28 (Thursday-Thursday) - National Conventions (Legion Family), Tampa, FL
30 (Saturday) - Post Community Breakfast, 7:30 am to 10:00 am. Public welcome!
30 (Saturday) - ALR and S.A.L. Meetings (Following the breakfast)

AED **LOCATION: MAIN HALL, between the restroom doors.** AED

Looking Ahead:

18 October (Saturday) - Honor Flight Mission. See Jim Edmunds for details.
08 November (Saturday) - Holiday Craft Show, 9:00 am to 4:00 pm. See Lynn Barbour for details.

Tuesday mornings: 9:00 am to 11:00 am, Coffee and Doughnuts. Member Social Quarters. Bring a friend. For a full calendar and more information, visit the Post website at: www.Post175.org.

SONS OF THE AMERICAN LEGION (SAL)

Our next fish fry will be on Friday, August 8. You must pre-purchase tickets. (Limited availability.). You may dine-in or take out. Get your tickets today!

ALR
AMERICAN LEGION RIDERS

Hello from your ALR 175 Riders! Weather is definitely getting warmer and we have been riding a lot.

After coffee and donuts on Tuesday, we have taken a couple of road trips for lunch. We had 18 people attend the Virginia Legacy Run in Natural Bridge for 4 days. I want to thank everyone for purchasing or selling Raffle Tickets for the Lagacy Run. We were blessed with great weather and old and new friends. As of this newsletter, we are awaiting a grand total $$ from the ride.

“We ride for the cause, not the applause.”

THE AMERICAN LEGION FAMILY

American Legion Auxiliary

President
Fayth Heath
(540) 809-2454

Vice President
Janice White
(804) 730-1775

Chaplain
Janice White
(804) 730-1775

Historian
Patricia Edmunds
(804) 401-3423

Membership
Lynn Barbour
(804) 614-5085

Secretary
Lynn Barbour
(804) 614-5085

Sergeant-at-Arms
Doris Sydnor
(804) xxx-xxxx

Treasurer
Jeannie Rummel
(804) 310-7200

IN THE SPIRIT OF SERVICE, NOT SELF

Wow! What a wonderful Spring we had with our Auxiliary events. Members delivered Honorable Veteran signs, flags and certificates of appreciation to four more of our Legionnaires in May and June.

Our Crafty Ladies learned some new skills, we elected a slate of Officers for the coming year and continued to support our community in many ways.

In May we were joined by our Legion Riders and Legionaries on Poppy Day and our community blessed us with their donations.

Many of our members joined our Legion Family for the Hanover Veteran's Memorial Day Service and distributed poppies to attendees.

In June the new Unit Leadership was installed. We were joined by Dora Sydnor as Sergeant at Arms this 25/26 year. We all wish her well.

June activities included Orientation for Girl's State for two very fine young ladies we are sponsoring.

Unit 175 will have 3 members as Officers in District 13 for the coming year and look forward to vigorously supporting our District in many sponsored activities supporting our Veterans, Military and communities.

The Department of Virginia American Legion Auxiliary will host its annual convention at Dulles Hilton July 11-13 and several of our Unit's members will attend.

Join us for Commander's Coffee and Donuts on Tuesdays for fun and comradery and keep an eye on our Post Calendar for event updates. Ladies Who Lunch will go to Riverbound Café on Wednesday, July 23rd at 11:30.