THE AMERICAN LEGION FAMILY

THE AMERICAN LEGION POST 175

8700 Bell Creek Road, Mechanicsville, VA 23116-3867
Phone: (804) 789-8667 Web: www.Post175.org E-Mail: info@post175.org

September and October 2025
VETERANS SERVING VETERANS

LEADERSHIP

Commander
Warren Rice
(804) 852-8108

1st Vice Commander (Membership)
Kelly L. Schips
(804) 519-9932

2nd Vice Commander (Hall Rentals)
William (Bill) Todd
(804) 402-6636
(Rental Line)

Adjutant
Robert (Bob) White
(804) 240-4220

Building & Grounds
Anthony (Tony) Nelson
(804) 295-2673

Chaplain
Arthur (Art) Aumock
(631) 807-2979

Finance Officer
Lyn M. Spencer
(804) 334-9036

Historian
Vacant

Judge Advocate
Jack Barbour
(804) 690-1863

Legion Riders (ALR)
Jack Barbour
(804) 690-1863

Sergeant-at-Arms
Myrtle Starling
(540) 809-2861

Service Officer (VSO)
Andre Hunt
(804) 613-8405

Sons of The American Legion (SAL)
Jim Oliver
(804) 754-5860

News Highlights:

On the left is our new Department of Virginia Commander: Scott Maddrea, an Army and Army Reserve veteran. He is a member of Post 244 in Glen Allen where he served four terms as Post Commander. He also served as Commander of the Ninth District and Chairman of our Department Membership Committee.

On the right is our new National Commander: Dan K. Wiley, an Air Force Veteran. He is a Paid-Up-For-Life member of Post 23 in Leavenworth, Kansas and Charter Member of S.A.L. Squadron 36 in Oskaloosa, Kansas. He has served as a Post Commander, District Adjutant, Department Commander, and National Executive Committeeman. He is a serving District Court Judge in Kansas.

Scott Maddrea

Dan K. Wiley of Kansas

From our Adjutant:

Our Post now has an Automated External Defibrillator (AED). Thank you to all the donors who made this purchase possible. The AED has been mounted in an optimal space accessible to all. A training opportunity will be made available to those interested. Details to follow. Thank you. Robert “Bob” White, Adjutant, Post 175 Mechanicsville.

If you have an e-mail account, are not receiving our electronic messages but would like to, send a message to: **Info@Post175.org** to be added to the distribution list.

FROM OUR SERVICE OFFICER

My fellow veterans! Have you served overseas? Did you have an injury or illness? Have you gone to the Troop Medical Clinic? Do you have an unexplained illness? Do you think it's possible it came from the service? What if I told you, most veterans have never submitted a claim and have a service-connected illness. There are primary and secondary illnesses. For instance, with asthma as a primary, CPAP, obstructed sleep apnea and migraines could be a secondary. High blood pressure could have tinnitus, headaches and chronic kidney disease.

To have a claim thoroughly looked into, statements along these lines could help a claim, if provided by a medical professional: "It was caused by the service" or "it is the likelihood the patient's military service contributed to…." And if it was something that was not an event in the military, but was treated in service. "The condition was exacerbated by military service."

To process claims and benefits, for a veteran or Dependency and Indemnity Compensation (DIC), please have the following documents or certified copies. The veteran's DD-214 and birth certificate, marriage license, spouse and dependent(s) birth certificate (if under 23 and in school) and death certificate (if applicable). For veteran and spouse, each must have a VA form 21-22. The veteran's 21-22 expires upon death. Keep them in a safe. Additionally, provide up to date username and passwords for your surviving family members to continue to conduct business and access accounts.

Forms:

VA Form 21-686C – To claim or remove dependents and family
VA Form 21-22 – To assign a service officer (note: spouse/dependent must fill out one as well)
VA Form 21P- 530EZ – For burial allowance and transportation
VA Form 40-1330 – For headstone, grave marker or wall marker
VA Form 27-2008 – For Burial flag (Note: must be filled out and give to Funeral Director)
VA Form 40-0247 – For Presidential Memorial Certificate
VA Form 21P-534EZ - For survivor benefits (dependents must be under 23 if attending school or permanently incapable to self support)

If you have any questions, please email at ServiceOfficer@post175.org. Thank you! Andre Hunt, VSO.

CALENDAR HIGHLIGHTS:

SEPTEMBER

01 (Monday) - Labor Day Holiday
09 (Tuesday) - Executive Committee Meeting, 7:00 pm (Member's Quarters)
10 (Wednesday) - Pot Luck Dinner, 5:00 pm Social Hour, 6:00 pm Dinner (Member's Quarters)
11 (Thursday) - Patriot Day (Nationwide)
16 (Tuesday) - The American Legion Day
18 (Thursday) - Air Force Birthday
19 (Friday) - National Prisoner of War (POW) / Missing in Action (MIA) Day
23 (Tuesday) - Membership Meeting, 7:00 pm (Main Hall)
27 (Saturday) - Community Breakfast, 7:30 am to 10:00 am (Main Hall) $ Public Welcome
28 (Sunday) - Gold Star Mother's Day

OCTOBER

08 (Wednesday) - Pot Luck Dinner, 5:00 pm Social Hour, 6:00 pm Dinner (Member's Quarters)
13 (Monday) - Columbus Day Holiday
13 (Monday) - Navy Birthday
14 (Tuesday) - Executive Committee Meeting, 7:00 pm (Member's Quarters)
18 (Saturday) - Honor Flight Mission #9, 6:00 am to @9:00 pm
19-24 (Sunday-Friday) - Department Service Officer (VSO) School, National Conference Center
25 (Saturday) - Community Breakfast, 7:30 am to 10:00 am (Main Hall) $ Public Welcome
28 (Tuesday) - Membership Meeting, 7:00 pm (Main Hall)

LOOK AHEAD

31 October - 02 November—Department Fall Conference, Williamsburg
15 November (Saturday) - District 13 Fall Conference, Post 128, Stanardsville

SONS OF THE AMERICAN LEGION (SAL)

The Sons would like to thank everyone that helped make August's fish fry another successful fund raiser to support our post's junior shooting sports and elementary school Americanism programs. Look for our next fish fry dinner to happen in November. The exact date has not yet been announced. As the new school year begins, we will again be offering our county schools the flag education program and Pledge of Allegiance materials. If you would like to participate this year, there will be a sign-up sheet posted in the member area above the coffee table. Please put your contact information on it or see Jim Oliver. Our air rifle shooting team program resumed on August 24th. If you are aware of a youth aged 12-18 that might be interested, please have them contact Jim Oliver or visit the JSSP page on our post website.

ALR
AMERICAN LEGION RIDERS

Hello from your Legion Riders! We have been very busy! First of all, let's welcome our newest rider member, Robert "Doc" Seitz! He's got a nice shiny red Harley Trike! In case you weren't aware, you don't have to have a motorcycle to be a rider! You can join us as a supporter and ride with us in your car. □ Many of our riders have been involved with ALR QUEST. There are 59 Post in Virginia that have riders groups. Our challenge is to record our visits at each of these post with a photograph. We are making sure to take in a lunch with those rides! We participated in the Virginia Legacy Run this past June and several others participated in the National Legacy Run and Run to the National Run in August. Keep the FAITH! Keep the shiny side up! Cooler weather is coming soon!

NATIONAL CONVENTION:

Post 175 members attend The American Legion National Convention in Tampa, Florida. For more photographs, visit our web page at: www.Post175.org. Next year's convention will be in Louisville, Kentucky.

(Left to Right) Delegates George Navas, 'Bob' White and Warren Rice

(Right) Post and District Commander Warren Rice signs our Delegation banner

Convention Delegates speak with Past Department Commander (PDC) A.B. Brown at the Virginia Caucus breakfast.

American Legion Auxiliary

President
Fayth Heath
(540) 809-2454

Vice President
Janice White
(804) 730-1775

Chaplain
Janice White
(804) 730-1775

Historian
Patricia Edmunds
(804) 401-3423

Membership
Lynn Barbour
(804) 614-5085

Secretary
Lynn Barbour
(804) 614-5085

Sergeant-at-Arms
Doris Sydnor
(804) 221-4224

Treasurer
Jeannie Rummel
(804) 310-7200

IN THE SPIRIT OF SERVICE, NOT SELF

We Need You! AND We Need Vendor Participants! The Auxiliary is hosting what we hope to be an annual event to raise money for the Legion Family, "The Bell Creek Holiday Craft Show", Sat., Nov. 8th from 9am to 4pm. Save the Date cards and colorful Craft Show Flyers are available for everyone to pass out to your churches, civic groups, and businesses to display. BUT we need vendors to bring their homemade crafted items to sell in order for this to be truly successful. Applications can be found both online and printed. Printed applications can be obtained from Lynn Barbour, Linda Bohannon, Cindy Culp, Jeannie Rummel or the Auxiliary Office. Applications can also be found by clicking the following link: https://www.post175.org/files/2025_Vendor_Application_Form_fillable.pdf OR by visiting the Post website at www.post175.org. From the Home page, scroll down to 'Community Events', click on 'Craft Show'. A page will open up displaying the craft show flyer and layout of booths. If you scroll to the bottom of that page you can click on the fillable Vendor Application which also contains the rules and regulations. We need everyone's help to make this a profitable annual event. Questions? See Lynn Barbour, 804-614-5085.

Honorable Veterans: In the month of August our dual members Myrtle Startling and Sharon Seifert were honored. Congratulations ladies and many thanks for your service to our country.

This has been a busy summer beginning with New Leadership Installation and Luau, Hanover National Night Out, Hanover Tomato Festival, School Backpack Program, Conferences and Conventions, BUT summer is coming to an end and we have plenty more to accomplish this year so JOIN us, bring a friend… We have such great PLANS LADIES!